



## Behavioral Health Services Program

Community First Health Centers provides Behavioral Health Services through licensed social workers and counselors. Your therapist will work with you and your primary care provider to support person-centered, integrated care. Services may include counseling, diagnostic screenings, community referrals, and resource assistance.

### Patient Responsibilities

---

- Work collaboratively with your therapist to set and meet treatment goals.
- Be honest so your therapist can support your treatment plan and provide appropriate resources or referrals.
- Respect Community First Health Centers staff.
- Keep appointments; call at least 24 hours in advance if you need to reschedule.

### Therapist Responsibilities

---

- Set and maintain professional boundaries.
- Provide information, resources, and referrals within scope of practice.
- Respect you and the information shared during sessions.
- Maintain confidentiality as legally able.

### Limits of Confidentiality

---

Your personal and medical information is kept private. Information may be shared with another provider or community resource for integrated care only with a signed release, unless otherwise required by law. Confidentiality may be broken if you are a danger to yourself or others, if abuse or neglect of a child or elderly individual is known, or if records are subpoenaed by the court.

### Discharge from Behavioral Health Services

---

#### **Discharge may occur when:**

1. You meet your goals and you and your therapist agree that discharge is appropriate.
2. You do not comply with your treatment plan or identified goals.
3. You are receiving therapeutic services from another agency and plan to continue there.
4. You have 3 no call/no show appointments in a 90-day period.
5. You cancel or reschedule 50% of appointments in a 90-day period.



6. You do not contact your therapist for 1 month or longer.
7. You complete 1 year in the Behavioral Health Program.

Discharge from Behavioral Health Services does not discharge you from other Community First Health Centers programs. You may re-enroll by calling your Community First Health Center office and requesting services. **Immediate discharge:** Threatening harm, stalking, or harming staff will result in immediate discharge. Police may be involved as appropriate. Re-enrollment requires Compliance Officer approval.

## Program Contact

**Heath Achatz, LMSW**

Behavioral Health Program Manager | 586-749-5197 ext. 214 cell:586-713-6477

## Consent to Treatment

By signing below, I consent to voluntarily participate in the Behavioral Health Services Program at Community First Health Centers. I understand I am responsible for participating honestly, working toward treatment goals, following my treatment plan, and using provided resources/referrals. I may stop treatment at any time. I understand my therapist will not share information without my signed release except as legally required.

---

Patient Signature

Date

---

Witness Signature

Date

---

Therapist Signature

Date