



Mobile Mammography Day

What to Expect at Your Appointment

Before Your Appointment

- Do not wear deodorant, perfume, lotion or powder on your chest or underarms
- Wear a two-piece outfit for easy changing
- Make sure you know the date and location of your last mammogram

Day of Your Appointment

- Arrive 10 minutes early
- Bring your photo ID and insurance card (if you have one)

About Your Mammogram

- You will receive a 3D screening mammogram (also called tomosynthesis)
- This exam uses low-dose X-rays to create detailed images of the breast and improve early cancer detection

Accessibility

- Please be prepared to walk up and down 5 steps
- Canes and walkers are okay
- Unfortunately, at this time, wheelchairs cannot be accommodated

Insurance and Payment

- Most insurance plans are accepted
- If you are uninsured, CFHC may help you enroll in the BC3NP program
- Self-pay options are available

Getting Your Results

- Michigan Medicine will mail you a result notification letter
- Your primary care provider will receive your results
- Your provider will contact you to review them

This institution is an equal opportunity provider.
Partially funded by a Bureau of Primary Health Care,
Health Resources and Services Administration, U.S.
Department of Health and Human Services Grant
NCQA Recognition for Patient Centered Medical Home

